

## **NSS Activities (2021-2022)**

Sr. No.	DATE	EVENT	VOLUNTEERS PARTICIPATED
01	6th-12th August 2021	Swachhta Pakhwada2021	64
02	18 <sup>th</sup> May 2022	NSS Election Campaign	100
03	31 <sup>st</sup> May 2022	Anti- Discrimination Session	54
04	05 <sup>th</sup> June 2022	Environment Day	100
05	21 <sup>st</sup> June 2022	International Yoga Day	100

# Army Institute of Management & Technology

Swachhta Pakhwada2021 (6<sup>th</sup>-12<sup>th</sup> August 2021)

Keeping up with the “Swachh Bharat Abhiyaan’ initiated by hon’ble Prime Minister Shri ND Modi, NSS wing of AIMT conducted Swachhta Pakhwada 2021 from 6<sup>th</sup>-12<sup>th</sup> August 2021. The students of AIMT displayed the values and efforts channeled to Cleanliness and maintaining hygiene around self and society at large.

## Army Institute of Management & Technology

### NSS ELECTION CAMPAIGN

#### **NATIONAL SERVICE SCHEME HEAD BOY AND HEAD GIRL ELECTION ON MAY, 18,2022**



**“DEMOCRACY IS THE  
ROAD TO SOCIALISM.”  
- KARL MARX**

We are a part of a democratic country and each one has a right to vote. This thought was brought into practice at **Army Institute of Management and Technology** on May, 18,2022 when elections for the position of NSS Head Boy and NSS Head Girl were held within the College Campus for the first time. History was created.

A long process was witnessed which included debate, manifesto, colorful Posters, counting and the declaration of results. Elections have always been an event that students look forward to. Wheels started rolling down a fortnight ago. The entire Electoral Process was upheld in front of the college. The excitement and anxiety could be read not only amongst students, but even amongst Teachers and Administrative staff also. Nomination papers were filed by the eligible candidates of batch MBA-18, who are not only academically excellent but even in co-curricular activities as well.



The final candidates for the post of Head Boy were Ratandeep Singh, Prince Singh and Ashwini Mishra, similarly Jagruti Sawant, Pragya Tiwari and Shivani Choudhary were nominated as candidates for Head Girl. The final candidates then addressed the crowd of classes MBA-17, MBA-18, BBA-01, BBA-02 and BBA-03 in the Amphitheater on 9<sup>th</sup> May,2022 and started their campaigning. This was followed by scrutiny and final candidates appeared before the panel comprised of the previous MBA-17 NSS Head boy Vivek Kumar Maurya, Head Girl Srishti Kala and entire NSS batch. The whole process of voting was successfully completed in a day and the excitement was seen to be believed.

The NSS Volunteers of Army Institute Management and Technology counted the votes Under the supervision of Prof. Nilambara Srivastav. In the end the result was announced by Registrar, Col Rajendra Pandey in the academic hall where **JAGRUTI SAWANT** of MBA-18 Section A and **RATANDEEP SINGH** of MBA-18 Section B were elected as the NSS Head Boy and NSS Head Girl Of 2022-2023

# ANTI- DISCRIMINATION SESSION



We are all influenced by gender. Gender norms (or rules) tell us what is appropriate for girls and for boys, women and men to do in our society. Because of gender stereotypes, girls and women are often less valued and have lower social status. Girls and women suffer most of the negative impact of rigid gender norms and roles, they are more likely to experience restrictions of their freedom and mobility, they experience epidemic levels of violence and harassment across the globe and have fewer opportunities to choose how to live their lives.

But boys and men suffer too. Ideas about what it means to be a man force boys and men to behave in very limited ways which can harm them. Negative masculinities encouraged in boys serve to perpetuate the cycle of discrimination and inequality.

Denying people the freedom to choose their path in life because of their gender prevents them from fulfilling their full potential. There is lots we can do to help build a more gender-equal world. Understanding the deep roots of gender inequality and challenging discrimination when we see it are the first steps.

Gender discrimination is inconsistent or disadvantageous treatment of an individual or gathering of people in light of orientation. Sexual harassment is a form of illegal gender discrimination.

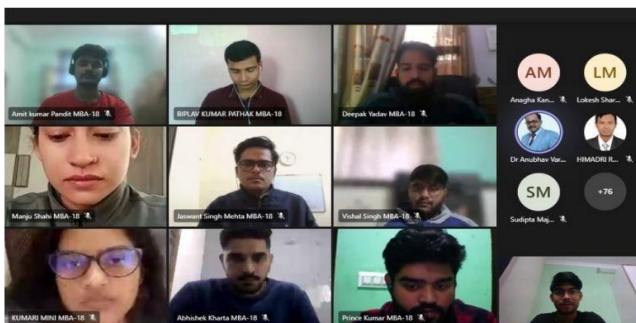
Sexual harassment can be treating an individual distinctively founded on his/her orientation in scholarly community or extracurricular exercises, scholastic projects, discipline, class tasks given in a study hall, class enlistment, actual schooling, reviewing, as well as sports.

On the off chance that direct is unwanted, could be hostile to a sensible individual, and as a matter of fact is hostile to somebody whining about certain physical or potentially verbal demonstrations, then, at that point, the lead might comprise lewd behavior regardless of whether being offensive was not planned.

The following types of conduct may constitute gender discrimination:

- A staff recruiting just male alumni collaborators
- A teacher giving higher grades to female understudies
- A mentor permitting just guys to play during an intramural game

To celebrate the day, the NSS team of AIMT organized the online program regarding ANTI DISCRIMINATION PROGRAM.



# ENVIRONMENT DAY

## National Service Scheme World Environment Day 2022

ARMY INSTITUTE OF MANAGEMENT AND TECHNOLOGY



**“Environment is no one's property to destroy, but it's everyone's responsibility to protect.”**

NSS unit of Army Institute of Management and Technology, Greater Noida celebrated World Environment Day 2022. World Environment Day has given our NSS volunteers an opportunity to widen their vision, attitudes and commitments in the area of environmental preservation and enhancement.

Students of AIMT participated in the week-long activities to spread the message of environmental awareness through drives and their enthusiasm. It was the students' active participation that made the event a grand success. NSS unit of AIMT organised the following programme as part of the World Environment Day on June 5, 2022.

Major David Cup football tournament was held in remembrance of AIMT alumni Maj. David Manlun, KC (posthumously). Between the houses Aravali, Himalaya, Sahyadri and Vindhya, which was an amalgamation of all the MBA and BBA batches. NSS volunteers did various activities like giving speeches, nukkad natak during the inter-house football tournament from 1st June to 6th June 2022. Through this tournament we were able to create awareness about climate change to celebrate the theme “ONLY ONE EARTH”. This tournament did not only get our students actively involved in sports but also helped to raise awareness about climate change.



The winning team was felicitated by giving a sapling as a token of appreciation on 6th June 2022. Each player planted their sapling near the college fence and promised to take care of it.

**Grow your own forest:** As a part of this programme the volunteers planted 20 saplings on the college campus which inspired and encouraged them to plant more saplings in and around their communities and being a part of greener earth.

**Seed you Sow:** As a part of this programme the volunteers would collect as many seeds as possible for a week which will help them to build and manage a sustainable ecosystem for future generations.

Director, Air Cmde (Dr) JK Sahu (Retd) Further, he felicitated the winning team by giving each player sapling as a token of appreciation and addressed the students on the importance of the day, urging the students to act responsibly in protecting the environment and make sure to provide a better version of it to the coming generations.

in the end our Director, Air Cmde (Dr) JK Sahu (Retd) and other present faculty members appreciated the NSS Program Officer Prof. Nilambara Srivastav and NSS volunteers for making this program a fruitful one.



# INTERNATIONAL YOGA DAY



## **NATIONAL SERVICE SCHEME** **ARMY INSTITUTE OF MANAGEMENT AND** **TECHNOLOGY**



**"YOGA IS THE JOURNEY  
OF THE SELF,  
TO THE SELF,  
THROUGH THE SELF."**

The theme for International Yoga Day 2022 is "Yoga for Humanity". The NSS volunteers of Army Institute of Management And Technology, Greater Noida has adopted the initiatives by promoting the theme, "Yoga for humanity", as a part of the activities in the run up to the International Yoga Day Celebration on June 21. NSS volunteers celebrated this occasion by performing Yoga asanas in the college campus. The inaugural session also witnessed a brief description of yoga by one of the NSS volunteer followed by speech highlighting the importance of yoga and urged upon the students to practice yoga regularly so that one can remain physically and mentally fit.

The session was held under the direction of yoga instructor Mrs. Lalita Pandey, who began the programme by performing various yoga asanas and explaining how they can help one maintain one's physique involving all the students as well as faculty members.

### **INTERNATIONAL YOGA DAY 2022**



A concluding message from the Registrar AIMT Col Rajendra Pandey also emphasized the importance of yoga and physical exercises in daily life. He said that yoga should be made a part of everyone's lifestyle because in the present scenario keeping good health is the most important thing.

The students took an oath to keep themselves fit by practicing yoga regularly.



In the end Director, Air Cmde (Dr) JK Sahu (Retd) felicitated Mrs. Lalita Pandey by giving a sapling as a token of appreciation and addressed the students on the importance of the day. Mrs. Lalita Pandey expressed her views saying that yoga improves health and helps to build immunity to fight against diseases. She added that it benefits people of all ages and regular yoga practice improve focus, coordination, memory and even Intelligence quotient of an individual.

